

Stinkin Thinkin

Joyce Meyers has a book out called "The Battlefield of the Mind" I have got it but I have yet to read it. I have seen the dvd though, Joyce had a lot of problems with her thinkin, and she freely admits sometimes she still does. How about you? I know I do at times, you know the times where things just get you down for no reason, people get you down and you feel like just giving up..... ever been there? **Romans 12v12** talks about what we should really be thinking about, but I reckon sometimes we just plain dumb forget and allow things to get on top of us! In **Matthew 22v37** Jesus tells us what we should allow our mind to think on, he quotes this same verse through out the Gospels many times, it is also found in the old Testament. The devil does not have control over our spirit, but he can have control over our minds if we are not careful what we allow ourselves to think on.

Some people look at me as weird because I make a joke out of many things, but what I am actually doing is not allowing a problem or an issue get me down and making light of it, I have found this to be the best way for me anyhow. Everything the devil attacks us with is always starting in our mind, we look at our circumstances and we start to think wrong thoughts, maybe stuff like "it is all too hard" or "I can't handle much more of this" and most times we don't even go to God with it in a quick prayer, we try and deal with it ourselves.

The Bible talks a lot about the mind, the human intellect and various things pertaining to our thought patterns, especially in **Proverbs**. I went and visited a friend the other day, and told them about how there is 31 chapters of **Proverbs** and most months have 31 days, so whatever the date is we read that chapter of Proverbs and it will speak to us every time. I have done this myself for years, and when issues, thoughts, or attacks come my way, thankfully most times a Proverb I have read over the years pops into my mind to help me through.

Romans 1v28 gives us a warning about how we should treat our minds. Most people that are career criminals seem to dwell upon there actions and thoughts of crime and work out how they are going to do things etc, the mind is a very powerful area both for the negative and the positive. Have a look back over your own life, have a look at areas where things have gone drastically wrong, or maybe an area that has gone extremely successful, think about what you were allowing into your mind at the time. Was it stinkin thinkin or good thinkin? Take a look at people who are millionaires, how did they get there? Was it by thinking that it was all too hard I can't do this or was it by thinking I can do this, I will succeed some how??

I don't know about you but I find night time seems to be the heaviest time of stinkin thinkin for me, so now when I start to get down for whatever reason, I usually go for a long ride and an enjoyable one and clear my mind, by the time I have ridden for maybe an hour or two, I have got it under control and start thinkin right again, if I can't get a grip on it, I will usually go and visit someone hoping to either offload or get encouraged, it is not good to try and do it alone! If we could just grab total control of our thought life, and keep it positive, life would be that much easier, we would still have trials and tribulations, Jesus promised us that in **John 16v33** but he also says be of good cheer for I have overcome the world.

See the worlds way of thinking is carnal, our thinking should be spiritual. When we start thinking wrong, we lose our peace, when we lose our peace we we start doing dumb things or saying dumb things, well I do anyway, maybe you dont! See even though we are in this world, Jesus says that we are not to be part of it, take a look at some years ago in the 80's when the stock market crashed, people started committing suicide because they lost their money, but life is not all about money is it? I have seen Pastors that preach Prosperity and trust in the mighty dollar instead of God lose it big time! Yes Pastors, I saw one man quite frequently swear and curse his congregation because the tiies and offerings were down and he had bills to pay, but sure enough he would find the money somewhere, I look at people who always lose their cool and flip out so to speak and wonder to myself, what is the use, it accomplishes nothing and you only feel worse?

I prefer to just quietly slip away and go somewhere and sort it out with God, tell him what I am thinking, even though he already knows, but I offload my issues on him. So am I saying I am perfect? By far no way! I am far from it, I get my times where I end up with a real dirty attitude, I carry on like a two bob watch sometimes and blame God and everyone else around me, but eventually God pulls me up. I am amazed at just how God pulls me up too, usually it is soemone will ring or visit or I will bump into someone and they are going through a rough time too, I end up ministering to them and getting their thinking right, then at the end of it all, I look at myself and how I just helped someone else who problems may have been worse and say to myself, "Roscoe, pull ya head it you nut!" There is always someone worse off than you, if you don't think so, think of the little kids in Africa dying of aids, or stolen for the gorrilla warfare, or got no food and almost dead, now tell me there is no one worse off!